

CHILLSWIM ULLSWATER GUIDED SWIMS 2018

DATE	FIRST	LAST	SWIM TYPE	MILES	HOURS	MIN	SEC	WATER TEMP
5/23/18	PHILIP	GARDINER	6 HOUR (+ ONE WAY)	7	3	37		14.6
6/19/18	BERNADETTE	WILSON	ONE-WAY	7	4	18		16.6
6/25/18	PAUL	HODGKINSO	ONE-WAY	7	3	22	58	16.3
7/2/18	ERICA	GELYCZAK	TWO-WAY	14	9	30		20.1
7/6/18	DION	HARRISON	ONE-WAY	7	2	33		21
7/9/18	DOMINIC	TINLEY	ONE-WAY	7	4	27	30	22
7/13/18	MATTHEW	PRITCHARD	ONE-WAY	7	3	43		21
7/16/18	KAREN	REES	TWO-WAY	14	10	0	24	
7/16/18	LISA	NORTH	TWO-WAY	14	10	0	24	
8/20/18	CHERI-SIAN	WILLIAMS	ONE-WAY	7	4	51	54	19
8/20/18	GARETH	WILLIAMS	ONE-WAY	7	4	51	54	19
10/15/18	ALEX	LESTER	ONE-WAY (BREASSTROKE)	7	8	42		12.1